

Final City Employee Health Expo of the Year!

Wednesday, September 9
Ron Darner Community Center
5800 Old Highway 90 West
10:00 a.m. - 2:00 p.m.

All employees are invited to attend!*

- ❖ Free blood pressure, glucose, and vision screenings
 - ❖ Cooking demonstrations
- ❖ Free health assessments including:
 - stress and walking
- ❖ Health and Wellness benefits information

Visit with representatives from the Employee Wellness Program,
City Employee Health + Wellness Center, UnitedHealthcare,
Deer Oaks Employee Assistance Program,
Dealing with Diabetes Support Group, and more!

Attending an Employee Health Expo is an eligible activity for the
Wellness Rewards Program. **Final deadline: September 15**

**Contact the Employee Wellness Program
for more information!**
207-WELL (9355)
wellness@sanantonio.gov



*Employees are allowed two hours annually to attend one of the Health Expos.